



HOW TO CUT OF YOUR RELATIONSHIP AND LET GO



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Many of us have had several break ups in the past with our partners, lovers, friends with benefits and close friends.

There was a time we felt in love with them so deeply and surrendered to them everything we could.

We connected with each other's on mind, soul and even many times body level. We enjoyed and made the treat between us stronger and stronger. With the treat I mean an energy string between all the ones we love and you. It is like an electric line which is lasting forever, even we are physically not together anymore.

Even by negative emotions, like hate, fear, disappointment and any kind of frustrating feelings we have towards our ex partners and lovers or friends after the cut between them and us, we are keeping this treat alive and even making it stronger.

Therefore, many people are helpless by constantly still feeling connected and think about their ex-partner, lovers and friends. They think if they cut physically the relationship is finished forever. But they are not aware about the soul-mind level, on which they keep on connected.

So many clients in the past years came to me because they couldn't find peace of mind regarding their past relationships. They felt still bounded with their ex partners, lovers or friends. Therefore they couldn't move on and connect with a new partner on harmonic base of soul mind and heart level.

It is necessary to cut the energetic and emotional treat to any of our past relationships (whatever kind of) by doing a spiritual ritual, which includes forgiveness practice prayer and a cut off ritual.

After done this you will feel lighter, released, rejuvenated, energized and ready again for something new. This new relationship after the powerful ritual is going to be much more fulfilling and beneficial for you and your partner too. As well your ex partners are going to feel the same benefit of this ritual, because they will experience the same as you, at the same time, on energy level.

Remember we are all connected. There is no you and no me, there is only WE!

Here I explain you the few steps you must do to cut of properly and let go in peace with all your ex-partner or lovers or close friends to move on for good and get into better relationships.

By the way, you might say now “but if I cut off the relationship properly, then my ex cannot come back to me, even it might be supposed we are getting back to each other again.

But is not true and only based in this kind of negative energy of this bondage between the two of you and as well in your fear and inability to understand and connect with spirit.

Believe me, if you are meant to get back together you will and this ritual even will help you for a better future together. The reason is because you have forgiven and cut off properly, so nothing from the past is affecting you negatively for your new beginning together.





1. Forgiveness prayer ritual

Dear Divine, could you please be present for this request for forgiveness.

Dear my heavens team, guides, angels and saints could you please assist me with this forgiveness practice. I am very grateful.

Dear all souls in all lifetimes of any of my ex-partners, husband/wife, ex-lovers and ex close friends, that I have ever connected and been with on a soul-mind-body level, harmed, hurt or taken advantage of...

I offer my deepest and most sincere apologies for harming or hurting you in any way.

I deeply regret my actions and apologize from the bottom of my heart.

Please forgive me.

I also offer you my unconditional forgiveness.

I thank you for the lessons and the opportunities to clear our karma.

I release you of your karmic debt to me. You owe me nothing.

I offer my deepest and most sincere apologies to myself and my soul.

I forgive myself for whatever has been happening and for whatever I have done in words thoughts or actions, which has harmed or hurt myself in any way.

Dear all the holy beings present could you please assist in offering forgiveness to all the souls present.

Thank you thank you thank you

I am free and we are all free.

I love I you love you I love you

Important: Please call all the names of you ex partners, lovers, friends one by another and do this ritual prayer separately for all of them. If you feel it is not yet done do it again and again, as many times you need, in the following days, weeks or even months in some cases, until you feel the freeing in your heart.

It is very powerful, and it could be that tears run out of your eyes or other reaction like additional pain on soul or body level appear, laughing or screaming around. But don't worry this is just an effect of the healing process you are going through.

Congratulations!

Done this you have done the first step of cut of and letting go.



2. Cutting the treat Ritual

Dearplease call the name of your ex-partner, lover, friend, I call you and ask you to participate for this cutting of ritual.

Please give me back all the soul parts of mine which I have given to you or you have been stealing from me, while we have been together. I want to be complete again and feel like this.

I am very grateful. Thank you thank you thank you

I also want to give back to you all the parts of your soul which I have got from you as a present or even have been stealing from you without being aware.

Here I give unconditionally all of them back, so you can feel complete and free again.

I am very grateful. Thank you thank you thank you

By doing this ritual, I also want to give back all presents of the aspects of heart and soul parts of anybody I have ever been in touch with.

I wish we are all going to be complete again and healed on every level of soul-mind-body.

So, we are able again to feel unconditional pure ALL-Love and being able to a live like this.

As a last step I ask you (name of the ex-partners, lovers' friends) now to give me the permission to cut of the energetically and emotional treat in-between you and me forever.

Please here close your eyes and visualize a big pair of scissors and see this treat in-between you and

your ex-Partner, ex-lover or ex friend.

Visualize the feeling and the sound of this action.

Say loud or in your heart: **I CUT THIS TREAT INBETWEEN YOU AND ME FOREVER NOW!**

Immediately you will feel free and a feeling of letting go you never experienced before in your life.

I am free I am free I am free

You are free you are free you are free

We are free we are free we are free

SO, IT BE. THANK YOU AMEN



If you have any questions, please contact me or subscribe to my newsletter on www.janine-wolf.com

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